

# 2018 BENTON HARBOR SUMMER IMPACT REPORT



The Benton Harbor Summer Impact program is a community collaboration that provides at-risk students, and our community, with opportunities for development in the areas of leadership, work skills, healthy lifestyles, and character that have a significant positive impact throughout the community.

The program provides training to high school students who serve as workers for the program. This training provides the opportunity to build self-confidence, mentoring skills, workforce development and social skills, while encouraging healthy lifestyles, and giving back the community.

Benton Harbor Summer Impact's target audience is K-7th grade youth and their families. Student workers provide daily activities to these youth in three different parks in the community—Broadway Park, Union Park, and Benton Heights First Church of God. Daily activities focus on health and nutrition, science, sports and fitness, as well as arts and crafts.

The goal of the program is to strengthen community connectedness and build a sense of pride and ownership of community in Benton Harbor.



## THANK YOU TO OUR PARTNERS! .....



Frederick S. Upton Foundation



Benton Harbor Education Foundation



# 2018 BENTON HARBOR SUMMER IMPACT BY THE NUMBERS

**27** student workers

Each received  
**40** hours of training in

- Mental health
- First Aid/CPR
- Young Life leadership
- Curriculum
- Financial literacy
- Food safety



**3** locations

**7** weeks

- Broadway Park
- Union Park
- Benton Heights
- First Church of God
- June 25–August 10
- Monday–Thursday
- 4:30–7:30 PM

**50** youth served  
per day on average



**1,146** meals provided



**3,936** hours of physical activity

**57%** said they would eat more fruits & vegetables

**80%** reported an increase in mental & emotion health

**46%** reported an increase in quality of life

